



# Inglewood House Dental Practice

[www.inglewood-house.co.uk](http://www.inglewood-house.co.uk)

## practice**news**

Welcome to our practice newsletter. Our aim is to update you on the happenings at the practice as well as featuring key dental procedures to help improve your smile.



### It's January sales time – half-price facial treatment at Inglewood House

Didn't get what you wanted for Christmas? Don't worry, our fabulous half-price offer on all facial aesthetics treatment has been extended, so you can still treat yourself to a gorgeous, younger-looking you without breaking the bank. Treatments start from just £110.00 for reducing lines across the forehead.

Attend our facial event to learn more.

### Dates for your diary:

**Saturday 7th February 2009**  
Facial aesthetics event

**Saturday 21st March 2009**  
Dental implants event

### Facial aesthetics event – places are limited

Bring a friend and enjoy a glass of wine whilst you find out about the different ways Dr Dorrington can smooth away fine lines and wrinkles. Inglewood House Dental Practice is holding a facial aesthetics event at the practice on Saturday 7th February. This event will be most informative and will include a free facial aesthetics consultation.

Reserve your place at this event by calling the reception team and look forward to a new you for the new year!



### Dental implants event – find out how we can secure your dentures permanently

Come along to our dental implants event on Saturday 21st March to learn more about how dental implants could improve your quality of life. This event would be of interest to those who have missing teeth, as well as denture wearers who would like to have their appliance permanently secured.



Dr Rob Dorrington will perform a free consultation for you, so he can advise you as to whether you would be able to benefit from this revolutionary treatment.

To book your free place call our reception team on 0161 766 4506.

### Pudsey says 'Thank you'

Thank you very much to those patients who kindly donated money in aid of Children In Need. The dentists and nurses had fun working in their nightwear to raise £64.42, which was matched by the practice to create a donation of £128.84.



## What is a dental examination?

Here at Inglewood House, we like to provide the very best in dental care and service. Our dental examination incorporates a ten point dental health check, providing you with an extensive investigation into your oral health and well-being.

### Ten point health check

- 1 Examination of your teeth to determine whether they are strong and healthy.
- 2 Review of the current health and strength of any fillings and restorations.
- 3 Assessment of the health of your gums as these are fundamental to keeping your teeth for life.
- 4 Investigation into the presence of plaque as this is the main cause of tooth decay and gum disease.
- 5 Inspection of the inside of your mouth for any signs of oral cancer (cheeks, lips, tongue, palate and floor of mouth).
- 6 Assessment of the bone which supports your teeth.
- 7 Examination of your jaw and surrounding glands.
- 8 Completion/review of a smile analysis, outlining any concerns about your oral health.
- 9 The smile analysis will include a review of your feelings and any aspirations about the appearance of your teeth and smile.
- 10 Confidential discussion regarding any medical conditions and/or any medication you are taking which may affect your dental health.

## Patient survey

We are always looking for ways to improve our patient care and the quality of our service. It would be most helpful if you could spare a couple of minutes to complete a patient survey during your next visit to the practice. The information you provide will help us to continue to invest in the aspects that matter to you and to identify training needs.

## Congratulations!

Congratulations to the winners of our recent BriteSmile® tooth whitening raffle. Miss S Priestner, one of the lucky winners, said, 'I am delighted with my new white smile and I can't wait to show it off. As a nervous patient, I was worried about the appointment, but I was put at ease quickly and would recommend BriteSmile® as it really works.'

## Launch of new practice website

[www.inglewood-house.co.uk](http://www.inglewood-house.co.uk) is now fully functional and full of important information about the practice. It includes animated video clips of the treatment procedures available so you can research matters of interest to you. Our quarterly practice newsletters will be available to download from the website too, helping to keep you up-to-date with all the latest offers and developments. Should you wish to get to know your dentist better, the 'About Us' page has short biographies and photographs for you to view.



## Did you know?

Chewing sugar-free gum stimulates saliva by up to ten times the normal rate and has been shown to help reduce tooth decay by up to 40%. To reduce the length of time that teeth are attacked by acid you should chew sugar-free gum for 20 minutes after you have eaten, when you cannot brush your teeth.

Although chewing sugar-free gum can work wonders it is not recommended for children under six years old.



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Dental Practice

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Discover the power of a beautiful smile